

# *Community Resource Guide*



*Compiled by the  
Integrated Delivery System*

*Hill AFB, UT 84056*

*Updated October 2011*

## Hotlines

Davis County Crisis Line 801-773-7060  
(24 Hour Crisis/Suicide Prevention Hotline)

Weber County Crisis Line 801-625-3700  
(24 Hour Crisis/Suicide Prevention Hotline)

Rape Crisis Hotline 888-421-1100  
(Rape/Sexual Assault Trauma Support Services) 801-467-7273

Safe Harbor 801-444-9161  
(Supportive Services for Victims of Domestic Violence) 801-444-3191

Child Abuse 24 hr. Hotline 801-395-5911

Adult Abuse 24 hr. Hotline 800-371-7897

Community Resource Line



**Disclaimer:** Inclusion on this list does not represent an endorsement by the United States Air Force or any other entity of the Department of Defense. The Community Resource Guide, compiled by the Hill Air Force Base Integrated Delivery System, is intended to provide information about the local community and contact numbers. It is not an exhaustive list of all resources available in the community. Inclusion on the list is open to appropriate organizations in the community on a non-discriminatory basis. For revisions or additions please contact Julie Pinchak, LCSW, Family Advocacy Outreach Manager at 777-3497

## RESOURCES DIRECTORY

### Emergencies/Life Threatening

Call 911

### Police Departments

Bountiful	298-6000
Centerville	292-8441
Clearfield	525-2800
Clinton	774-2630
Farmington	451-5453
Kaysville	546-1131
Layton	497-8300
North Salt Lake	936-3880
Sunset	825-1620
Syracuse	825-4400
West Point	451-4150

### Hill Air Force Base Specific

Airmen and Family Readiness Center (A&FRC)  
Alcohol and Drug Abuse Prevention and Treatment Program (ADAPT)  
American Red Cross  
Chaplain Services (Hill AFB Chapel)  
Child Care Services (YC, CDC, FCC)  
Civilian Health Promotion Service (CHPS)  
Employee Assistance Program  
Equal Opportunity Office (EEO)  
Family Advocacy Program  
Family Support 360 Military  
Health and Wellness Center (HAWC)  
Integrated Delivery Service (IDS)  
Mental Health Clinic  
Military Family Life Consultant  
School Liaison  
Sexual Assault Response Coordinator (SARC)  
Special Needs Identification and Assignment Coordination (SNIAC)  
Victim Witness Assistance Program (VWAP)

### Child Abuse/Neglect

Childhelp National Child Abuse Hotline  
Children's Aid Society of Utah  
Covenant House Nine Line, The  
CyberTipline  
Divisions of Child and Family Services (DCFS)  
Family Advocacy Office – Hill AFB  
Family Connection Center  
Girls and Boys Town National Hotline  
House of Hope  
New Horizons  
Serenity House

### Child/Youth/Family Services

Adoption Exchange, The  
Base Chapel  
Big Brothers Big Sisters of Utah  
CPR – See Davis Hospital and Medical Center  
Catholic Community Services  
Children's Center, The

Covenant House Nine Line, The  
Davis Behavioral Health Inc.  
Divisions of Child and Family Services (DCFS)  
Family Advocacy Office  
Family Connection Center  
Family Counseling Center  
Family Enrichment Center/Early Head Start  
Family Member Program  
Airman and Family Readiness Center  
Foster Care Foundation  
Girls and Boys Town National Hotline  
Holy Cross Ministries  
LDS Family Services  
National Center for Missing and Exploited Children  
National Center on Shaken Baby Syndrome  
National Runaway Switchboard  
New Horizons  
Trauma Awareness and Treatment Center  
Utah Parent Center  
Utah Youth Village  
Women, Infants, and Children Program (WIC)  
Young Women's Christian Association (YWCA)  
Your Community Connection (YCC)  
Youth and Families with Promise (YFP)

### Domestic Violence/Shelters

Community Abuse Prevention Services Agency  
Domestic Violence Information Line  
Family Advocacy Office  
Holy Cross Ministries  
House of Hope  
Intermountain Specialized Abuse Treatment Center  
National Domestic Violence Hotline  
New Horizons  
Safe Harbor  
Serenity House  
South Valley Sanctuary  
Young Women's Christian Association (YWCA)  
Your Community Connection (YCC)

### Parenting Programs

Airmen and Family Readiness Center  
Archway  
Davis Behavioral Health  
Family Advocacy  
Family Connection Center  
Family Enrichment Center  
Family Support Center of Ogden  
New Parent Support Program  
Weber Human Services  
Your Family Connection

### Pregnancy

Baby Your Baby  
Birthright of Ogden  
Children's Aid Society of Utah  
Covenant House Nine Line, The  
Depression After Delivery  
Division of Community and Family Health Services

## RESOURCES DIRECTORY

Family Advocacy Office  
Family Enrichment Center/Early Head Start  
Girls and Boys Town National Hotline  
LDS Family Services  
National Center on Shaken Baby Syndrome  
National Women's Health Information Center  
New Parent Support Program  
Planned Parenthood  
Postpartum Education for Parents  
Pregnancy Riskline  
Share Parents of Utah  
Women, Infants, and Children Program (WIC)

### Health Care/Special Needs/Hospitals/Clinics

Children with Special Health Care Needs  
Civilian Health Promotion Services (CHPS)  
Davis Hospital and Medical Center  
Division of Community and Family Health Services  
Easter Seals Utah  
Family Health Services  
Health and Wellness Center  
Hill AFB 75th Medical Group  
Holy Cross Ministries  
Lakeview Hospital  
LDS Hospital, Intermountain Health Care  
McKay-Dee Hospital  
NAMI Utah (National Alliance on Mental Illness)  
National Women's Health Information Center  
Ogden Regional Medical Center  
Ogden Rescue Mission  
Primary Children's Medical Center  
St. Mary's Home  
Utah Parent Center

### Mental Health/Counseling

Air Force Suicide Prevention Program  
Base Chapel  
Bereavement Services  
Caring Connections  
Center for Grieving Children/Family Summit Foundation  
Covenant House Nine Line, The  
Davis Behavioral Health Inc.  
Depression After Delivery  
Employee Assistance Program (EAP)  
Empowerment Counseling  
Family Counseling Center  
Girls and Boys Town National Hotline  
Intermountain Behavioral Health Network  
Intermountain Specialized Abuse Treatment Center  
Leader's Guide to Managing Personnel in Distress  
Legacy Suicide Support Group  
LDS Family Services  
Life Skills Support Center  
Military One Source  
New Horizons  
Postpartum Education for Parents  
Sharing Place, The  
St. Anne's Center  
Trauma Awareness and Treatment Center

### Substance Abuse

Alcohol and Drug Abuse Clinic  
Alcohol and Drug Abuse Prevention and Treatment  
Alcoholic's Anonymous  
Al-Anon Family Support  
Davis Behavioral Health Inc.  
Haven, The  
House of Hope  
New Horizons  
Serenity House  
St. Mary's Home

### Rape & Sexual Assault

Community Abuse Prevention Services Agency  
Covenant House Nine Line, The  
Girls and Boys Town National Hotline  
Intermountain Specialized Abuse Treatment Center  
Rape Crisis Hotline  
Rape, Abuse, & Incest National Network (RAINN)  
Sexual Assault Response Coordinator (SARC)  
Utah Coalition Against Sexual Assault (UCASA)

### Support Groups

Bereavement Services  
Caring Connections  
Compassionate Friends  
Covenant House Nine Line, The  
Family Summit Foundation  
Girls and Boys Town National Hotline  
Legacy Suicide Support Group  
Le Leche League  
M.O.P.S  
Northern Utah Autism Society  
Sharing Place, The  
St. Anne's Center

### Volunteer Services

American Red Cross  
Big Brothers Big Sisters of Utah  
Easter Seals Utah  
Girls and Boys Town National Hotline  
Ogden Rescue Mission  
Points of Light Foundation & Volunteer Center  
Safe Harbor  
Volunteers of America, Utah (VOA)  
Volunteer Center of Davis County

### Air Force Websites

Air Force Crossroads  
Air Force Suicide Prevention Program  
Air Force Readiness Edge  
AFMC Supervisors' Resource Center  
AFMC Wellness Support Center  
Leader's Guide to Managing Personnel in Distress  
MilitaryHOMEFRONT  
Military One Source

## ***RESOURCES DIRECTORY***

### **Other Services**

AFMC Wellness Support Center  
American Red Cross  
Expanded Food and Nutrition Education Program  
Family Support Center  
Girls and Boys Town National Hotline  
Holy Cross Ministries  
HEAT (Home Energy Assistance Target) Program  
211 Info Bank  
Layton City Victim Services  
Medicaid  
Military Equal Opportunity  
Military One Source  
National Center for Victims of Crime  
National Organization for Victim Assistance  
Ogden Rescue Mission  
Poison Control Center  
St. Anne's Center  
St. Mary's Home  
Utahcares  
Victim Information & Notification Everyday (VINE)  
Victim Witness Assistance Program (VWAP)  
Your Community Connection (YCC)

## RESOURCES

### **Adoption Exchange, The**

975 East Wood Oak Lane Suite 220 Salt Lake City, UT 84117  
(801) 265-0444  
[www.utdcfsadopt.org](http://www.utdcfsadopt.org)

*Purpose/Description:* To find permanent adoptive homes for children who have been abandoned, neglected, or abused.  
*Services:* Recruit adoptive families, provide connection between parents and children through quarterly adoption parties, provide info and referral on all adoption issues, and a lending library.  
*Fees:* None  
*Area Served:* Statewide

### **AFMC Wellness Support Center**

[www.afmcwellness.com](http://www.afmcwellness.com)

*Purpose/Description:* A comprehensive lifestyle management center. Completely anonymous program.  
*Services:* A whole range of services that will connect you w/resources in the four dimensions of wellness.  
*Fees:* None  
*Area Served:* AFMC

### **Air Force Crossroads**

<http://www.afcrossroads.com>

*Purpose/Description:* Supporting the USAF Community!  
*Services:* Information on military installations, surviving deployment, parenting, financial management, employment assistance, teens and youth information, health & wellness, leisure activities.  
*Fees:* None  
*Area Served:* Air Force Personnel

### **Air Force Suicide Prevention Program**

<http://afspp.afms.mil>

*Purpose/Description:* Broad source of info on how to help personnel in distress.  
*Services:* This site is designed to provide information and tools to members of the Air Force community in their efforts to help reduce Air Force suicides.  
*Fees:* None  
*Area Served:* Air Force Personnel

### **Air Force Readiness Edge**

<http://www.afcrossroads.com> (look under Deployment)

*Purpose/Description:* Deployment information for families, individuals, commanders, supervisors.  
*Services:* Lists and describes Air Force and other resources, their websites, and telephone numbers for family assistance.  
*Fees:* None  
*Area Served:* Air Force Personnel

### **Airman and Family Readiness Center**

5837 D Avenue, Bldg. 150 Hill AFB, UT 84056  
(801) 777-4681  
[www.forcesupport.com](http://www.forcesupport.com)

*Purpose/Description:* To support readiness by helping families and single military members adapt to the demands of AF life.  
*Services:* Provides information, referral and follow-up, and conducts family life education and skills.  
*Fees:* None  
*Area Served:* Military members and their families

### **Alcohol and Drug Abuse Clinic**

University of Utah Health Sciences Center  
30 North 1900 East 1B 620 Salt Lake City, UT 84132  
(801) 581-6228

*Purpose/Description:* Outpatient evaluation and treatment for alcohol and drug abuse for adults.  
*Services:* Evaluation services, treatment program - group and/or individual counseling, public education program, Prime for Life - DUI education classes (4 weeks, 16 hours total), and referrals for other rehabilitation programs, detox, vocational services, etc.  
*Fees:* Set  
*Area Served:* Statewide

### **Alcohol and Drug Abuse Prevention & Treatment**

7329 11<sup>th</sup> Street Bldg 545 Hill AFB, UT 84056  
(801) 777-7909  
Info on [www.75mdg.hill.af.mil](http://www.75mdg.hill.af.mil)

*Purpose/Description:* Designed to promote health and wellness through the prevention and treatment of substance abuse.  
*Services:* Treatment is for individuals and groups who have been evaluated and diagnosed with substance abuse or dependence, but who do not require in-patient care. We assist participants to attain and maintain sobriety, utilize support networks and to change self-destructive behavioral patterns.  
*Fees:* None  
*Area Served:* Military members and adult dependents

### **Alcoholic's Anonymous**

393-4728  
<http://www.aa.org>

*Purpose/Description:* is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.  
*Services:* Support and fellowship  
*Fees:* None  
*Area Served:* Nationwide

### **Al-Anon Family Support**

393-2311  
<http://www.al-anon.alateen.org>

*Purpose/Description:* For over 55 years, Al-Anon (which includes Al-Ateen for younger members) has been offering strength and hope for friends and families of problem drinkers.  
*Services:* Support  
*Fees:* None  
*Area Served:* Nationwide

### **American Red Cross**

2955 Harrison Blvd. Suite 204 Ogden, UT 84403  
(801) 627-0000  
<http://www.utahredcross.org/>

*Purpose/Description:* An organization led by volunteers who help people in emergencies and many more acts of service.  
*Services:* Utility assistance, Armed Forces emergency services, learning and teaching others, First Aid/CPR instructors, Disaster Action Teams, and National / International relief.  
*Fees:* None, Fee for courses and materials  
*Area Served:* Davis and Morgan Counties

## RESOURCES

### **Archway Youth Services**

2660 Lincoln Ave Ogden, UT 84401

778-6500

1353 N 1075 West, Ste 101, Farmington, UT 84025

447-0958

*Purpose/Description:* Diverts youth from the juvenile justice system. It provides immediate intervention by engaging and motivating youth and families to access resources and resolve conflict.

*Services:* Offering therapeutic residential treatment services to children between the ages of 12-17 in their Ogden location. Also provides outpatient treatment at both locations.

*Fees:* Free

*Area Served:* Davis and Weber Counties

### **Baby Your Baby**

Utah Department of Health

288 North 1460 West Salt Lake City, UT 84116

1 (800) 826-9662

[www.babyyourbaby.org](http://www.babyyourbaby.org)

*Purpose/Description:* To provide prenatal and well-child information and referrals.

*Services:* Financial assistance is available on a temporary basis to pregnant women who do not have the money to pay for prenatal care. Provides statewide referral to health care resources and other pregnancy or child related programs.

*Fees:* None

*Area Served:* Statewide

### **Bereavement Services**

Primary Children's Medical Center (PCMC)

Mario Capecchi Drive, Salt Lake City, UT 84113

(801) 662-3774

*Purpose/Description:* Support for adults, children, & adolescents who have experienced the death of a significant person.

*Services:* Support groups for adults, children, & adolescents.

*Fees:* Set

*Area Served:* Statewide

### **Big Brothers Big Sisters of Utah**

151 East 5600 South Suite 200 Salt Lake City, UT 84107

(801) 313-0303

<http://www.bbbsu.org>

*Purpose/Description:* To provide mentors to children in our community who would benefit from the relationship.

*Services:* Offers a variety of volunteer experiences, community-based, school-based, & youth corrections mentoring programs.

*Fees:* None

*Area Served:* Salt Lake, Davis, Weber, and Summit Counties

### **Birthright of Ogden**

3564 Lincoln Avenue, Suite 3A Ogden, UT 84401

(801) 392-1576

[www.birthright.org](http://www.birthright.org)

*Purpose/Description:* Pregnancy counseling, information, and abortion alternatives.

*Services:* Free pregnancy tests, accurate info on options, loan closet for maternity clothes, free prenatal literature, referral to licensed agencies for adoption, free infant layettes for clients close to delivery, financial planning, emergency housing on a limited basis, and referral to professional services as needed.

*Fees:* None

*Area Served:* Box Elder, Weber, Morgan, & Davis Counties

### **Catholic Community Services**

Joyce Hansen Hall Food Bank and Social Services

2504 F Avenue, Ogden, UT 84401

(801) 394-5944

<http://www.ccsutah.org>

*Purpose/Description:* Serves the needs of the poor, troubled and oppressed, and helps them solve life problems, and become self-sufficient and healthy.

*Services:* Food, clothing, day shelter, services for the elderly and disabled; residential assistance and counseling for substance abuse issues and victims of domestic violence.

*Fees:* None

*Area Served:* Statewide

### **Caring Connections**

10 South 2000 East, Salt Lake City, UT 84112

(801) 585-9522

[www.nursing.utah.edu/practice/caringconnections](http://www.nursing.utah.edu/practice/caringconnections)

*Purpose/Description:* To provide grief counseling and grief/bereavement info, materials, and programs to the community.

*Services:* Various bereavement support groups for children, adolescents, and adults in the areas of parental loss, suicide loss, homicide loss, and traditional loss. Informative reading material on the death of a loved one. Private grief counseling referrals. "Grief and the Holidays" (Nov) and "Seats of Remembrance" (May) programs offered at no cost.

*Fees:* Set

*Area Served:* Statewide

### **Center for Grieving Children**

560 39<sup>th</sup> Street Ogden, UT 84403

(801) 476-1127

[www.familysummit.com](http://www.familysummit.com)

*Purpose/Description:* Provides support in a safe environment for children grieving the loss of a loved one.

*Services:* Support Groups for adults and children. Provides education/training on grief and the grief process.

*Fees:* None

*Area Served:* Northern Utah Counties

### **Childhelp National Child Abuse Hotline**

1 (800) 4-A-CHILD or 1(800) 422-4453

[www.childhelpusa.org](http://www.childhelpusa.org)

*Purpose/Description:* To meet the physical, emotional, and spiritual needs of abused and neglected children.

*Services:* National hotline, advocacy centers, treatment, professional training, Good Touch/Bad Touch education, community outreach, and other programs by the State.

*Fees:* None

*Area Served:* National Program

### **Children with Special Health Care Needs**

44 North Medical Drive Salt Lake City, UT 84113

(801) 584-8284

<http://www.health.utah.gov/cshcn/>

*Purpose/Description:* To improve the health and functional status of all children in Utah with special health care needs by assuring access to comprehensive, coordinated, and quality care that is family-centered and community-based.

*Services:* Evaluations for developmental Pediatrics, learning and behavioral Pediatrics, speech/language, Psychology and more.

*Fees:* Sliding Scale

*Area Served:* Statewide

## RESOURCES

### **Children's Aid Society of Utah**

652 26th Street, Ogden, UT 84401  
(801) 393-8671  
<http://www.casutah.org>

*Purpose/Description:* To prevent child abuse & neglect through pregnancy counseling, parenting education, and adoption.

*Services:* Pregnancy counseling, adoption services, parenting education classes, and post adoption support.

*Fees:* Varies by Service

*Area Served:* Statewide

### **Child Care Services of Hill AFB**

Youth Center (801) 777-2419  
Child Development Center (801) 801-777-6321  
Family Child Care (801) 777-0695

*Purpose/Description:* Provide quality care for children and youth.  
*Services:* Child care, youth sports, youth programming, and teen programs.

*Fees:* Varies by service

*Area Served:* Team Hill families

### **Children's Center, The**

350 South 400 East, Salt Lake City, UT 84111  
(801) 582-5534  
5242 South 4820 West, Kearns, UT 84118  
(801) 966-4251  
<http://www.tccslc.org>

*Purpose/Description:* Treatment of emotionally disturbed preschool children (0-6yrs) and their families.

*Services:* Therapeutic preschool program, counseling, individual/group therapy for preschoolers, parent/family counseling, and day care consultation and training.

*Fees:* Sliding Scale, third party

*Area Served:* Statewide

### **Civilian Health Promotion Services (CHPS)**

Warrior Fitness Center, Hill AFB, UT 84056  
586-9586  
Info on [www.afmcwellness.com](http://www.afmcwellness.com)

*Purpose/Description:* To help improve health and well-being of the civilian workforce through education and screenings.

*Services:* Cardiac Risk Profiles, free cholesterol screening, follow-up appointments for health questions/concerns, counseling, referrals to an on-line system to monitor personal health goals and progress, weight and blood pressure checks, and health information and classes.

*Fees:* Free

*Area Served:* HAFB Civilian Employees

### **Community Abuse Prevention Services Agency Domestic Violence Shelter**

P.O. Box 3617 Logan, UT 84323  
(435) 752-4493 Crisis Line: (435) 753-2500  
<http://www.CAPSA.org>

*Purpose/Description:* Dedicated to helping victims of domestic violence and sexual assault, and educating the public in order to prevent violence in our community.

*Services:* 24-hour crisis intervention and community referral, emergency shelter, food, clothing and household supplies. Support groups for domestic violence and sexual assault.

*Fees:* None

*Area Served:* Statewide

### **Compassionate Friends, The**

(801) 675-5729 Ogden Chapter  
[anderdon4@comcast.net](mailto:anderdon4@comcast.net)

*Purpose/Description:* Support group for families who have lost a child through death.

*Services:* Monthly meetings for grandparents, family, significant others and friends, and adolescent siblings.

*Fees:* None

*Area Served:* Statewide

### **CyberTipline**

699 Prince Street, Alexandria, VA 22314-3175  
1 (800) 843-5678  
[www.cybertipline.com](http://www.cybertipline.com)

*Purpose/Description:* For reporting the exploitation of children.

*Services:* Offers a means of reporting incidents of child sexual exploitation, such as child pornography. Staffed 24/7.

*Fees:* None

*Area Served:* National Program

### **Davis Behavioral Health Inc.**

2250 N 1700 W, Layton, UT 84041  
(801) 773-7060  
<http://www.dbhutah.org/>

*Purpose/Description:* Offers a variety of mental health and substance abuse services.

*Services:* Counseling (all ages), Women's Recovery Center, Youth Program, Addiction & Recovery Unit, and parenting programs to include Love and Logic

*Fees:* Varies by Service

*Area Served:* Davis County

### **Davis Behavioral Health Inc.**

#### **Intensive Outpatient Program (Adult)**

1190 E 1450 S, Clearfield, UT 84015  
(801) 776-4800  
<http://www.dbhutah.org/>

*Purpose/Description:* Substance abuse treatment.

*Services:* Outpatient substance abuse treatment services.

*Fees:* Varies by Service

*Area Served:* Davis County

### **Davis Hospital and Medical Center**

1600 West Antelope Drive Layton, UT 84041  
(801) 807-1000  
<http://www.davishospital.com/>

*Purpose/Description:* This acute-care facility provides 24-hour emergency care and advanced medical technologies along with a highly skilled staff of dedicated professionals.

*Services:* Physical and mental medicine, in-patient and outpatient facilities. Offers free infant/child CPR classes

*Fees:* Varies by Service

*Area Served:* Davis and Weber Counties



## RESOURCES

### **Depression after Delivery**

#### **Postpartum Support International**

6706 SW 54<sup>th</sup> Avenue, Portland, OR 97219  
(503) 894-9453/ support line 1-800-944-4773  
<http://www.postpartum.net>

*Purpose/Description:* Support, education, advocacy, and research for people living with mental illness through various activities and services.

*Services:* Website, toll-free helpline, and support groups.

*Fees:* None

*Area Served:* National Program

### **Divisions of Child and Family Services (DCFS)**

#### **Child Protective Services**

1350 East 1450 South Clearfield, UT 84015  
(801) 776-7300  
950 East 25th Street, Ogden, UT  
(801) 629-5800  
(855) 323-3237 24 hour reporting  
<http://www.hsdcs.utah.gov/>

*Purpose/Description:* To prevent child abuse and neglect.

*Services:* Offers foster care, family services, services for youth and assistance with domestic violence.

*Fees:* None

*Area Served:* Davis County, Weber, Morgan

### **Division of Community & Family Health Services**

288 North 1460 West Salt Lake City, UT 84116  
(801) 538-6901  
<http://www.health.utah.gov/cfhs/>

*Purpose/Description:* Provide services for reducing infant mortality, promote the health of mothers and children.

*Services:* Children with special health care needs, health promotion, and maternal & child health.

*Fees:* Varies by service

*Area Served:* Statewide

### **Domestic Violence Information Line**

205 North 400 West Salt Lake City, UT 84103  
1 (800) 897-LINK  
<http://www.udvc.org>

*Purpose/Description:* To link people involved in a domestic violence relationship to information and/or resources.

*Services:* Operates 24 hours per day, seven days per week. Maintains a database of shelters/safehouses, licensed domestic violence treatment programs, victim advocate programs, and local domestic violence coalitions throughout the state of Utah. Referrals to counseling and other services available.

*Fees:* None

*Area Served:* Statewide

### **Easter Seals Northern Rocky Mountain**

350 South 400 East Salt Lake City, UT 84111  
(801) 633-2091 Contact Ms. Janet Wade  
<http://www.esgw-nrm.easterseals.com>

*Purpose/Description:* Enrich the lives of people with disabilities or special needs and their families. Helps people with disabilities address life's challenges.

*Services:* Providing therapeutic services for children (birth-18yrs) also, services for children with autism to age 7 years.

*Fees:* State fee for services; private pay

*Area Served:* Wasatch Front Counties

### **Employee Assistance Program (EAP)**

5837 D Avenue, Bldg. 150 Hill Air Force Base, UT 84056  
1 (800) 222-0364 (24 hr)

*Purpose/Description:* To provide the command's 60,000 plus civilian employees and their families free, voluntary and confidential counseling on things like family or job-related problems, stress, depression, anxiety or other individual issues that could impact work performance

*Services:* Free counseling and referral assistance.

*Fees:* Call for information

*Area Served:* HAFB Civilian Employees

### **Empowerment Counseling**

466 N. Main St. STE 210 Clearfield, UT 84015  
(801) 603-2547  
<http://www.empowermentcounselingservices.com>

*Purpose/Description:* Services focus on supporting the parents and caregivers since they are truly the caretakers of this sacred time of learning and development

*Services:* Therapy services for families, parents and children emphasizing an intensive, in-home model. Commonly serving individuals with Bipolar, ADHD, ADD, RAD, Depression, Oppositional Defiance, school failure, lack of motivation, poor problem solving, communication, coping skills, parent issues and more.

*Fees:* varies

*Areas Served:* Salt Lake, Davis, and Utah Counties

### **Equal Opportunity Office (EEO)**

Bldg 1294 (So Entrance) Hill AFB, UT 84056  
(801) 777-3663 Hotline: 1 (800) 558-1404

*Purpose/Description:* To assist all DoD personnel, and/or active duty members and their families and retirees by providing education and services.

*Services:* Assists to help address concerns that affect health, behavior, duty performance, & the mission. Assists Commanders in assessing the human relations climate in their organization.

*Fees:* None

*Area Served:* Hill AFB

### **Expanded Food and Nutrition Program**

1181 N. Fairgrounds Drive, Ogden, UT 84404  
(801) 399-8200  
<http://extension.usu.edu/weber/htm/nutrition>

*Purpose/Description:* Helping families to prepare tasty, affordable, nutritious, safe and fast meals.

*Services:* In home food and nutritional education through Utah State Extension Program

*Fees:* None

*Area Served:* Statewide

## RESOURCES

### **Family Advocacy Program**

7329 11th Street Bldg 547 Hill AFB, UT 84056  
(801) 777-3497  
Info on [www.75mdg.hill.af.mil](http://www.75mdg.hill.af.mil)

*Purpose/Description:* The primary office for preventing and treating family maltreatment involving Active Duty members and their families.

*Services:* Family violence intervention, parenting education, marital therapy, outreach program and resource connection. Family Advocacy Nurse offering home visits through the New Parent Support Program.

*Fees:* None

*Area Served:* Military members and their families

### **Family Connection Center**

1360 East 1450 South Clearfield, UT 84015  
(801) 773-0712  
<http://www.familyconnection4u.org/>

*Purpose/Description:* To strengthen families, facilitate a caring community, and protect children.

*Services:* Offers emergency assistance, food bank operations, parenting education, neuro-feedback therapy, child care in times of crisis/stress, supports victims of domestic violence, & counseling for marital discord. 24/7.

*Fees:* None

*Area Served:* Davis and Morgan Counties

### **Family Counseling Center**

Address: 5250 So. Commerce Dr. Ste 250 Murray, UT 84107  
(801) 261-3500  
<http://www.familycounselingcenterutah.com>

*Purpose/Description:* Dedicated to improving and enhancing the emotional well-being of families.

*Services:* Counseling - individual, couple, family, psychiatric evals and medication management, substance abuse treatment, domestic violence therapy, and referrals.

*Fees:* Sliding Scale

*Area Served:* Statewide

### **Family Enrichment Center/Early Head Start**

320 South 500 East Kaysville, UT 84037  
(801) 402-0650  
<http://www.davis.k12.ut.us/district/earlychildhood>

*Purpose/Description:* A child development program for pregnant mothers and children from low-income families.

*Services:* Early intervention, Special education, and Preschool as well as parenting education.

*Fees:* Set

*Area Served:* Davis County

### **Family Health Services**

50 E State Street Farmington, UT 84025  
(801) 451-3351

*Purpose/Description:* Preventive services to those with particularly low-income uninsured and underinsured.

*Services:* Cancer screening, HIV/STD clinic, tobacco education/cessation, prenatal/home visitation, and car seat safety.

*Fees:* Sliding Scale

*Area Served:* Davis County

### **Family Support 360 Military**

Hill AFB  
(801) 586-4735

*Purpose/Description:* These one-stop centers will enhance the capabilities of families in assisting children with developmental disabilities to achieve their maximum potential; support the increasing ability of children with developmental disabilities to exercise greater choice and self-determination and to engage in leadership activities in their communities; and ensure the protection of children with developmental disabilities' legal and human rights.

*Services:* Assist families with children with disabilities

*Fees:* Free

*Areas Served:* Utah Military families

### **Family Support Center of Ogden**

3340 South Harrison Blvd Ste 100, Ogden, UT 84403  
(801)-393-3113  
[www.fscogden.org](http://www.fscogden.org)

*Purpose/Description:* The Mission of the Family Support Center is to protect children, strengthen families and prevent child abuse.

*Services:* Offers parenting enrichment focusing on children 12 and younger and blended families. Respite nursery available.

*Fees:* Mostly free, parenting education is \$20; however \$20 gift card to Smith's is given at the completion of the class

*Areas Served:* Weber County (for Davis see Family Connection Center)

### **Force Support Squadron-Airmen and Family Services**

CDC Bldg 470 HAFB (801) 777-6321  
Youth Center Bldg 883 HAFB (801) 777-2419  
FCC Bldg 460 Hill AFB (801)777-0695  
Airmen & Family Readiness, Bldg 150, Hill AFB (801) 777-4681  
[www.75thforcesupport.com](http://www.75thforcesupport.com)

*Purpose/Description:* The 75th Force Support Squadron provides military personnel programs, base education, formal and upgrade training, Airman Leadership School, Airman and Family Readiness Center, Career Assistance Advisor, First Term Airman Center, and Commander Support Staff services to the Ogden Air Logistics Center, 75th Air Base Wing, and other Team Hill organizations.

*Services:* Child Development Center, Youth Center, Family Child Care, school age programs and summer camps, pre-teen & teen programs, youth sports, extended duty care, subsidy care, and boys & girls club programs, Give Parents a Break.

*Fees:* Varies by service

*Area Served:* Hill AFB; Active duty military and DoD civilians.

### **Foster Care Foundation**

3340 Harrison Blvd. Ste. 200 Ogden, Utah 84403  
(801) 392-1114  
<http://www.utahfostercare.org/>

*Purpose/Description:* Serves foster children by finding, educating, and nurturing foster families.

*Services:* Train and educate foster families by providing competency-based standard curriculum for certification.

*Fees:* None

*Area Served:* Statewide

## RESOURCES

### **Girls and Boys Town National Hotline**

1 (800) 448-3000

<http://www.girlsandboystown.org/>

*Purpose/Description:* 24/7 crisis, resource & referral line.

*Services:* Residential services, emergency shelter, short-term residential services, family preservation services, and common sense parenting.

*Fees:* Nonprofit Organization

*Area Served:* National Program

### **Haven, The**

974 East South Temple Salt Lake City, UT 84102

(801) 533-0079

<http://www.havenhelps.com>

*Purpose/Description:* Co-educational, inpatient residential alcoholism and drug treatment.

*Services:* Group/individual therapy, vocational assistance and rehabilitation, and alcohol & drug education.

*Fees:* Sliding Scale

*Area Served:* Statewide

### **Health and Wellness Center (HAWC)**

Bldg 1277 Hill AFB, UT 84056

(801) 777-1215

[www.hill.af.mil/hawc/](http://www.hill.af.mil/hawc/)

*Purpose/Description:* Provide programs to help AD & family members with health education.

*Services:* Stress management, Nutrition 101, Physical fitness, Tobacco cessation, and more.

*Fees:* None

*Area Served:* Hill AFB

### **Hill AFB 75th Medical Group**

7321 11th Street Bldg. 570 Hill AFB, UT 84056

(801) 728-2600

[www.75mdg.hill.af.mil](http://www.75mdg.hill.af.mil)

*Purpose/Description:* Maintain a healthy work force by providing full-spectrum, high quality, cost-effective healthcare while supporting combat readiness.

*Services:* Aeromedical Services, Occupational Medicine, Optometry, Public Health, Dental, Pediatrics, Family Practice Clinic, Gynecology, Immunizations, Life Skills, Family Advocacy, Physical Therapy, Laboratory, Logistics, Pharmacy, Radiology, TriCare, and Cancer Registry.

*Fees:* None

*Area Served:* TriCare beneficiaries

### **Hill AFB Chapel**

Bldg 475 Hill AFB, UT 84056

(801) 777-2106

[www.hill.af.mil/chapel/index.htm](http://www.hill.af.mil/chapel/index.htm)

*Purpose/Description:* Spiritual support, counseling, spiritual programming, youth groups, women's groups

*Services:* Protestant, Catholic, Ecumenical programs, and other religious services. The Chapel facilities are used for chapel activities such as worship services, chapel sponsored lay volunteer programs, Sunday School, CCD, Youth Groups, weddings, funerals, and memorial services.

*Fees:* None

*Area Served:* Hill AFB Population

### **Hill AFB Integrated Delivery System**

Hill AFB, UT 84056

<http://www.hill.af.mil/> "Calendar of Events"

*Purpose/Description:* A leadership team of base agencies and community members who coordinate base prevention activities.

*Services:* Obtain and analyze data from the Air Force Community Assessment, develop the Hill Community Capacity Plan to ensure service delivery meets the needs of Team Hill Members and their families.

*Fees:* None

*Area Served:* Hill AFB Population

### **Holy Cross Ministries**

860 East 4500 South Suite 204 Salt Lake City, UT 84107

(801) 261-3440

<http://www.holycrossministries.org>

*Purpose/Description:* Respond to the communities' needs for health & well being by connecting people to community services.

*Services:* Provides case management, domestic violence assistance, translation and support services for medical, social, employment, and related programs. Offers after school tutoring and summer support to children at risk, professional mental health counseling, and teaches English as a second language.

*Fees:* Varies by Service

*Area Served:* Statewide

### **Home Energy Assistance Target Program (HEAT)**

Address: 324 S State St Salt Lake City, UT 84111

(801) 538-8644

<http://www.futuresthroughtraining.org/>

*Purpose/Description:* Provides winter utility payment assistance to low-income households.

*Services:* Helps low-income households pay a portion of their winter utility bill and/or emergency utility assistance to prevent shut-off. Administers the Utility Moratorium Program to prevent winter utility shut-off.

*Fees:* None

*Area Served:* Statewide

### **House of Hope**

857 East 200 South Salt Lake City, UT 84102

(801) 487-3276

<http://www.uaful.org>

*Purpose/Description:* Provides quality substance abuse treatment, education, and prevention services to all in need.

*Services:* Residential, outpatient, DUI education, and aftercare substance abuse treatment programs. Developmental Center/Therapeutic child care program for the children of mothers in treatment.

*Fees:* Sliding Scale

*Area Served:* Statewide

### **211 Info Bank**

(888) 826-9790 or Call 211.

[www.informationandreferral.org](http://www.informationandreferral.org) (Search "Resource Lists")

*Purpose/Description:* Provides information about social services in the Davis County area.

*Services:* Information and referral, volunteer services/opportunities, agency services, human services directory, resource lists, and energy saving tips.

*Fees:* None

*Area Served:* National Program

## RESOURCES

### **Intermountain Behavioral Health Network**

5770 South 1500 West Salt Lake City, UT 84123  
(801) 233-4100  
<http://intermountainhealthcare.org/>

*Purpose/Description:* To promote the biological, psychological, and social well-being of individuals/ families in our community.

*Services:* Acute inpatient and partial hospitalization for adults, adolescents, and child psychiatric care. Residential, chemical, and intensive outpatient programs.

*Fees:* Varies by Service

*Area Served:* Statewide

### **Intermountain Specialized Abuse Treatment Center (ISAT)**

189 South State Street Suite 160 Clearfield, UT 84015  
(801) 773-2044  
<http://www.isatcenter.org>

*Purpose/Description:* Treatment and prevention of sexual abuse and domestic violence through a full service evaluation and treatment program.

*Services:* Psychological evaluation and individual, group, marital, family therapy and educational courses for victims, perpetrators, and significant others of all ages. Substance abuse treatment program, including assessment, individual, and group therapy. Polygraph testing for sex or domestic violence offender clients.

*Fees:* None

*Area Served:* Wasatch Front from Logan to Springville

### **Lakeview Hospital**

630 East Medical Drive Bountiful, UT 84010  
(801) 299-2200  
<http://www.lakeviewhospital.com/>

*Purpose/Description:* A 128-bed facility that combines advanced technology with expert and compassionate care in offering high quality, acute/state of the art care services.

*Services:* Full service hospital.

*Fees:* Varies by Service

*Area Served:* Davis County

### **Layton City Victim Services**

437 North Wasatch Drive Layton UT 84041  
(801) 336-3599  
<http://www.laytoncity.org/>

*Purpose/Description:* To address the immediate needs of victims of crime and assist in the process of recovery.

*Services:* Court advocacy for victims involved in the judicial process, assistance with protective orders, crisis intervention, advocacy for victims at hospitals or home.

*Fees:* None

*Area Served:* Davis County

### **LDS Family Services**

930 West Hillfield Rd. Suite A Layton, UT 84041  
(801) 336-3040  
<http://www.ldsfamilyservices.org>

*Purpose/Description:* Assist LDS Church members with specialized social services. Parents need not be LDS.

*Services:* Family, marital, and individual counseling /consultation, adoption, and services to unwed parents.

*Fees:* Individually arranged

*Area Served:* Statewide

### **LDS Hospital, Intermountain Health Care**

8th Avenue - C St. Salt Lake City, UT 84143  
(801) 408-1100  
<http://intermountainhealthcare.org>

*Purpose/Description:* A 520-bed adult care center that offers a full range of health care services and provides quality medical care to persons with a medical need.

*Services:* Full service hospital.

*Fees:* Varies by Service

*Area Served:* Salt Lake Area

### **Leader's Guide to Managing Personnel in Distress**

<http://afspp.afms.mil> (look under Products)

*Purpose/Description:* Guidance to assist personnel with wide range of problems.

*Services:* Provides information for leaders on a wide range of topics related to distress, available resources, and the capacity to tailor support to specific situations.

*Fees:* None

*Area Served:* Air Force Personnel

### **Legacy Suicide Support Group/Network**

836 36th St. Ogden, UT 84403  
<http://www.afsp.org/>  
For more info. Contact Judy or Don Bezoski (801) 771-8476

*Purpose/Description:* To help survivors of suicide understand why, and to go on and not blame themselves.

*Services:* Members available to listen anytime when grief strikes. Also provides seasonal activities and lectures.

*Fees:* Varies by Service

*Area Served:* Statewide

### **Le Leche League of Utah**

Utah Referral Line (801) 264-LOVE  
[www.lllusa.org](http://www.lllusa.org)

*Purpose/Description:* Provide breastfeeding support to expectant and new mothers

*Services:* Series Meetings are geared to expectant mothers and mothers nursing during the first year. A Breastfeeding Cafe is a drop-in format. Come anytime during meeting time with your questions.

*Fees:* \$40 Yearly Membership fee

*Area Served:* Nationwide

### **Make Time for Mom (Formerly M.O.P.S of Hill AFB)**

Bridge Larsen, Coordinator  
(801) 698-4308  
[Jblarsen92@msn.com](mailto:Jblarsen92@msn.com)

*Purpose/Description:* Provides support and increases socialization to mothers of preschool children

*Services:* Monthly group meetings hosting various informational presentation and socialization time. Childcare provided for a nominal fee.

*Fees:* Membership dues and childcare fees.

*Area Served:* Nationwide

## RESOURCES

### **Mental Health Clinic**

7329 11<sup>th</sup> Street Bldg 545 Hill AFB, UT 84056  
(801) 777-7909  
Info on [www.75mdg.hill.af.mil](http://www.75mdg.hill.af.mil)

*Purpose/Description:* A full-service outpatient center that provides assessment and treatment of psychological problems.  
*Services:* Counseling, psychiatric medication management, consultation with leadership, and outreach.

*Fees:* None

*Area Served:* Active Duty Members

### **McKay-Dee Hospital**

4401 Harrison Boulevard Ogden, UT 84403  
(801) 627-2800  
[intermountainhealthcare.org/xp/public/mckaydee/](http://intermountainhealthcare.org/xp/public/mckaydee/)

*Purpose/Description:* A 317-bed, full-service tertiary and acute care center.

*Services:* Full service hospital.

*Fees:* Varies by service

*Area Served:* Weber and Davis County County

### **Medicaid**

(801) 538-6155  
<http://www.health.utah.gov/medicaid/>

*Purpose/Description:* Pays medical bills for people who qualify a category of Medicaid, have low income, or cannot afford the cost of healthcare.

*Services:* Child Health Insurance, Primary Care Network, and Utah's Premium Partnership "UPP".

*Fees:* Set

*Area Served:* Statewide

### **Military HOME FRONT**

[www.militaryhomefront.dod.mil/](http://www.militaryhomefront.dod.mil/)

*Purpose/Description:* The source to obtain info about all DoD Quality of Life programs and services.

*Services:* Provides education, training, and development.

*Fees:* None

*Area Served:* National Program

### **Military One Source**

1 (800) 342-9647  
[www.militaryonesource.com](http://www.militaryonesource.com)

*Purpose/Description:* A 24/7 free support service offering assistance and resources on many different issues.

*Services:* Personal, relational, parenting, deployment, career, money, legal, trauma, relocation, counseling, and more.

*Fees:* None

*Area Served:* Military, Reserve, Guard, Retired, and Immediate Family Members

### **Military Family Life Consultant - Adult**

Hill AFB, UT  
(801) 388-2501

*Purpose/Description:* Provides short term, situation, problem-solving counseling services to Service Members and their families

*Services:* Non-medical counseling services including life skills and military lifestyle related difficulties.

*Fees:* None

*Areas Served:* All Services and Guard/Reserve components

### **Military Family Life Consultant – Child and Youth Behavioral Program**

Hill AFB, UT  
(801) 388-9492

*Purpose/Description:* Provide broad ranging support to military children and youth and to the family members and other adults who support them.

*Services:* Y/C MFLC's engage in activities with children/youth, provide direct intervention in classroom, camp, or family childcare situations, model behavioral techniques and provide feedback to staff, and facilitate psycho-educational groups at child and youth program sites to support children struggling with school adjustment, deployment and separation, reunion adjustment, and behavioral concerns to name a few.

*Fees:* None

*Areas Served:* All Services and Guard/Reserve components

### **NAMI Utah (National Alliance on Mental Illness)**

450 South 900 East Suite 160 Salt Lake City, UT 84102  
(801) 323-9900  
[www.namiut.org](http://www.namiut.org)

*Purpose/Description:* To improve the lives of those who suffer from mental illness & their families through education, & support.

*Services:* Educational programs, support groups, mentoring, advocacy, research, and medication programs.

*Fees:* None

*Area Served:* Statewide

### **National Center for Missing & Exploited Children**

699 Prince St. Alexandria, VA 22314  
1 (800) THE-LOST or 1 (800) 843-5678  
[www.missingkids.com](http://www.missingkids.com)

*Purpose/Description:* Assistance in locating or reporting missing/exploited children and raising public awareness.

*Services:* Information & referral.

*Fees:* None

*Area Served:* National Program

### **National Center for Victims of Crime**

2000 M St NW, Ste 480 Washington, DC 20036  
1 (800) FYI-CALL or 1 (800) 394-2255  
[www.ncvc.org](http://www.ncvc.org)

*Purpose/Description:* To help victims rebuild their lives.

*Services:* Provide direct services and resources.

*Fees:* Varies by Service

*Area Served:* National Program

### **National Center on Shaken Baby Syndrome**

1433 North 1075 West, Suite 110, Farmington, UT 840251  
(801) 447-9360  
[www.dontshake.org](http://www.dontshake.org)

*Purpose/Description:* To educate, train, and conduct research to prevent abuse.

*Services:* To promote awareness and training, develop incidence reporting and advocate research providing new medical technology and prevention efforts.

*Fees:* Varies by Service

*Area Served:* National Program

## RESOURCES

### **National Domestic Violence Hotline**

1 (800) 799-SAFE or 1 (800) 799-7233

[www.ndvh.org](http://www.ndvh.org)

*Purpose/Description:* Provides confidential support to anyone involved in a domestic violence situation.

*Services:* Crisis intervention, safety planning, information about domestic violence and referrals.

*Fees:* None

*Area Served:* National Program

### **National Organization for Victim Assistance**

510 King Street, Ste 424 Alexandria, VA 22314

1 (800) TRY-NOVA or 1 (800) 879-6682

[www.try-nova.org](http://www.try-nova.org)

*Purpose/Description:* To promote rights and services for victims of crime and crisis everywhere.

*Services:* Direct services to victims 24/7.

*Fees:* None

*Area Served:* National Program

### **National Runaway Switchboard**

3080 North Lincoln Avenue Chicago, IL 60657

1 (800) RUNAWAY or 1 (800) 786-2929

<http://www.nrscrisisline.org/>

*Purpose/Description:* Confidential crisis intervention and referrals through a 24-hour hotline for youth and families.

*Services:* Crisis intervention, message relay, conference calling, Home Free program, and information and referral.

*Fees:* None

*Area Served:* National Program

### **National Women's Health Information Center**

1 (800) 994-9662

<http://www.womenshealth.gov/>

*Purpose/Description:* Works to improve the health and well-being of women and girls.

*Services:* Health information on pregnancy, body image, HIV/AIDS, mental health, violence against women, and more.

*Fees:* None

*Area Served:* National Program

### **New Horizons**

3003 Grant Avenue Ogden, UT 84401

(801) 528-1830

<http://www.newhorizonsutah.com/>

*Purpose/Description:* To provide high quality programs by experienced staff while still maintaining reasonable costs.

*Services:* Anger management, child custody and pre-sentencing evaluations, and domestic violence & drug/alcohol counseling.

*Fees:* Set

*Area Served:* Box, Elder, Weber, and Davis Counties

### **New Parent Support Program**

7329 Balmer Street Bldg 547 Hill AFB, UT 84056

(801) 777-3497

*Purpose/Description:* Supportive services to families throughout pregnancy and into toddlerhood.

*Services:* Home visits, pre-natal and post-pregnancy education, parenting programs, developmental screens and general support to new parents.

*Fees:* None

*Area Served:* Military members and their families with children under 36 months of age.

### **Ogden Regional Medical Center**

5475 South 500 East Ogden UT 84405

(801) 479-2111

<http://www.ogdenregional.com/>

*Purpose/Description:* A 239 bed that provides comprehensive services supported by a network of physicians and clinics.

*Services:* A full service hospital.

*Fees:* Varies by service

*Area Served:* Weber County

### **Ogden Rescue Mission**

2775 Wall Avenue Ogden, UT 84401

(801) 621-4360

<http://www.homelessshelterdirectory.org/>

*Purpose/Description:* Serves the needs of the poor, troubled and oppressed, and helps them solve life problems, and become self-sufficient and healthy.

*Services:* Food, clothing, day shelter, services for the elderly and disabled; residential assistance and counseling for substance abuse issues and victims of domestic violence.

*Fees:* None

*Area Served:* Statewide

### **Planned Parenthood Association of Utah**

4387 Harrison Blvd Ste D-8 Ogden, UT 84403

(801) 479-7721

[www.ppau.org](http://www.ppau.org)

*Purpose/Description:* Reproductive and Primary Health Care Services.

*Services:* Family planning, birth control w/o parental consent, reproductive health and general health exams for males and females, HIV and other STD testing, and pregnancy testing and options counseling and referral.

*Fees:* Sliding Scale

*Area Served:* Weber, Morgan, Davis, and Box Elder Counties

### **Points of Light Foundation & Volunteer Center**

[www.pointsoflight.org](http://www.pointsoflight.org)

*Purpose/Description:* To engage more people and resources more effectively in volunteer service to help solve serious social problems.

*Services:* Engages and mobilizes volunteers who are helping to solve serious social problems in thousands of communities.

*Fees:* None

*Area Served:* National Program

## RESOURCES

### **Poison Control Center of Utah**

Address: 585 South Komas Drive # 200, Salt Lake City, UT 84108  
Contact Number: 1 (800) 222-1222 or (801) 587-0600  
<http://uuhs.c.utah.edu/poison>

*Purpose/Description:* Provides info on acute/chronic poisonings.  
*Services:* Operates 24/7 for emergencies or questions about poison and poison prevention.

*Fees:* None

*Area Served:* Statewide

### **Postpartum Education for Parents**

P.O. Box 261 Santa Barbara, CA 93160  
(805) 564-3888 (Warmline)  
<http://www.sbpep.org>

*Purpose/Description:* Volunteers provide answers and act as objective, nonjudgmental listeners.  
*Services:* Warmline, a free 24-hour confidential one-on-one support from trained volunteers, Baby Basics Classes, Postpartum Support, and New Parent Discussion Groups.  
*Fees:* None  
*Area Served:* National Program

### **Pregnancy Riskline**

Utah Department of Health, Cannon Health Building, 88 North 1460 West, Salt Lake City, UT 84116  
(800) 826-9662 (8 a.m.- 6 p.m.)  
<http://www.babyyourbaby.org/expert-advice/pregnancy-riskline.php>

*Purpose/Description:* Addresses concerns regarding exposures that occur prior to or during pregnancy in the mother or the father. Such exposures include drugs and medications, chemicals, radiation, diseases, and infections.  
*Services:* Serving as an adjunct to the health care provided by medical professionals, the RiskLine will also provide appropriate referrals, community education, and consultation.  
*Fees:* None  
*Area Served:* Statewide

### **Primary Children's Medical Center**

Mario Capecchi Drive Salt Lake City, UT 84113  
(801) 588-2000  
[www.primarychildrens.com](http://www.primarychildrens.com)

*Purpose/Description:* The 232-bed facility is equipped and staffed to treat children with complex illness and injury.  
*Services:* Full service hospital.  
*Fees:* Varies by service  
*Area Served:* Statewide

### **Rape Crisis Hotline Rape Recovery Center**

2035 South 1300 East Salt Lake City, UT 84105  
(801) 467-7282/ Crisis Line (801) 467-7273  
<http://raperecoverycenter.com/>

*Purpose/Description:* Help victims and families cope with the trauma of rape. Provide educational and preventive services to the community.  
*Services:* 24-hour crisis line, volunteers accompany victim to the hospital and provide support through the medical, police, and legal proceedings, information and referral, support services, and self defense classes.  
*Fees:* None  
*Area Served:* Statewide

### **Rape, Abuse, & Incest National Network (RAINN)**

2000 L Street NW, Suite 406, Washington, DC 20036  
1 (800) 656-HOPE  
<http://www.rainn.org/>

*Purpose/Description:* Operates the free and confidential National Sexual Assault Hotline, educates the public about sexual assault, and leads national efforts to improve services to victims and ensure justice.  
*Services:* 24/7 Hotline, Online Hotline, Anti-Violence Legislation, Social Norms Campaign, RAINN Day – educates college students about sexual assault.  
*Fees:* None  
*Area Served:* National Program

### **Safe Harbor**

P.O. Box 772 Kaysville, UT 84037  
(801) 444-3191 Domestic Violence Crisis Line: (801) 444-9161  
Rape Crisis Line: 1 (888) 421-1100  
[www.womensdvshelter.org](http://www.womensdvshelter.org)

*Purpose/Description:* Provides a safe place and supportive services to victims of Domestic Violence. Helps to reduce domestic abuse at the crisis stage and gives victims, as well as perpetrators, the help they need to stop violence.  
*Services:* Provided by a professional and volunteer staff who are trained to deal with the effects of domestic abuse.  
*Fees:* None  
*Area Served:* Davis County

### **School Liaison**

Hill AFB  
(801) 775-9560

*Purpose/Description:* Provide assistance to military families navigating the school system  
*Services:* Assistance with IEP's, PCS issues related to education and many more.  
*Fees:* Free  
*Areas Served:* Military families

### **Serenity House**

A program of Utah Alcoholism Foundation  
529 25th Street Ogden, UT 84401  
(801) 392-5971  
<http://www.uafut.org>

*Purpose/Description:* Provides substance abuse treatment, education, and prevention services to all in need.  
*Services:* Co-ed intensive residential, outpatient substance abuse program, individual/group/family counseling, classes on life skills, grieving, substance abuse education, life skills, parenting, social, relapse prevention, and aftercare services.  
*Fees:* Varies By Service  
*Area Served:* Statewide

### **Sexual Assault Response Coordinator (SARC)**

Hill AFB, UT 84056  
(801) 777-1985 Crisis Number: (801) 920-9179  
Website: [www.hill.af.mil/sapr/](http://www.hill.af.mil/sapr/) Email: [Hill.SARC@Hill.af.mil](mailto:Hill.SARC@Hill.af.mil)

*Purpose/Description:* Single point of contact for victims from initial report of sexual assault, through disposition and resolution of issues related to victim's health and well-being. Offers both restricted and unrestricted reporting for victims who qualify.  
*Services:* Provides a 24/7 sexual assault response capability.  
*Fees:* None  
*Area Served:* AD military, dependents, and DoD civilians.

## RESOURCES

### **Sharing Place, The**

1695 East 3300 South Salt Lake City, UT 84106  
(801) 466-6730  
[www.thesharingplace.com](http://www.thesharingplace.com)

*Purpose/Description:* Dedicated to providing a safe, caring environment where children, teens, and families who are grieving the death of a loved one may share their feelings while healing.

*Services:* Grief support groups for children and adults.

*Outreach:* to educate community on grief support.

*Fees:* None

*Area Served:* Statewide

### **South Valley Sanctuary**

P.O. Box 1028 West Jordan, UT 84084-1028  
(801) 255-1095  
<http://www.southvalleysanctuary.com/>

*Purpose/Description:* To provide emergency shelter and protective services to victims of Domestic Violence and their dependents facing imminent threat of violence by his/her cohabitant. The shelter is open 24/7.

*Services:* Residents are provided with food, clothing, personal care items, and support services. Hotline is available 24 hours a day to provide information and referrals to other resources.

*Fees:* None

*Area Served:* Statewide

### **St. Anne's Center**

137 W. Binford Ave. Ogden, UT 84401  
(801) 621-5036  
<http://stannescenter.org/>

*Purpose/Description:* Provides assistance in many ways to persons who are homeless or low-income. Provides shelter for men, women and children.

*Services:* Support Groups, emergency shelter, clothing, hygiene products, meals, and help in accessing other community resources.

*Fees:* None

*Area Served:* Weber County

### **St. Mary's Home**

1206 West 200 South Salt Lake City, UT 84104  
(801) 328-1894

*Purpose/Description:* Provide residential services to assist male clients with alcohol/substance abuse..

*Services:* Educational enhancement, referral services to address all medical needs, alcohol/drug abuse recovery and treatment counseling, weekly groups and classes, transitional housing placement and aftercare programs.

*Fees:* Call for information

### **Share Parents Of Utah**

7342 South Swan Hill Drive, West Jordan, UT 84081  
(801) 272-5355  
[www.shareparentsofutah.org](http://www.shareparentsofutah.org)

*Purpose/Description:* Provides support and understanding to parents who have lost a baby through miscarriage, ectopic pregnancy, still birth or newborn death.

*Services:* Support Group meetings for bereaved parents and their families.

### **Special Needs Identification and Assignment Coordination (SNIAC)**

75th MDG, Hill AFB, UT  
(801) 777-1237

*Purpose/Description:* To ensure military family members have access to services as they PCS with the military member.

*Manages:* "Q" codes.

*Services:* Overseas clearances

*Fees:* Free

*Area Served:* AD Military and dependents

### **Trauma Awareness and Treatment Center**

32 West Winchester Suite 101 Murray, UT 84107  
(801) 263-6367  
<http://www.traumaawareness.org>

*Purpose/Description:* To provide specialized therapists, services, and facilities for children, adolescents, adults, and families to resolve their traumatic experiences.

*Services:* Educate individuals, families, and the community concerning the sources of trauma and what can be done to resolve it. Provides play therapy to facilitate the healing process in children and adolescents, marital, family, and group therapy for unresolved trauma, and services to the sexually abused.

*Fees:* Set, private insurance and Medicaid

*Area Served:* Statewide (victims only)

### **Utah Coalition Against Sexual Assault (UCASA)**

284 West 400 North, Salt Lake City, UT 84103  
(801) 746-2929  
<http://www.ucasa.org>

*Purpose/Description:* Advocates for programs that support people affected by sexual violence.

*Services:* Provides information, consultation, technical assistance, and referrals to sexual assault victim service providers statewide. Conducts professional training sessions statewide to increase the sensitivity and expertise of all disciplines of service providers.

*Fees:* None

*Area Served:* Statewide

### **Utah Mama**

<http://utah.todaymama.com/>

*Purpose/Description:* Editors are on a mission to simplify motherhood by making parenting resources accessible and easy to use.

*Services:* Website and reference handbook for mothers and families along the Wasatch Front. The resource guide provides Twenty five chapters with information ranging from places to go and things to d, the outdoors, community services, and libraries.

*Fees:*

*Areas Served:*

### **Utah Parent Center**

230 West 200 South, Suite 1101, Salt Lake City, UT  
(801) 272-1051  
[www.utahparentcenter.org/](http://www.utahparentcenter.org/)

*Purpose/Description:* To provide emotional, social, and educational support to families in the autism community.

*Services:* Training, information, referrals, individual assistance, workshops, presentations, and displays.

*Fees:* Membership

*Area Served:* All Areas



## RESOURCES

### **Utah Youth Village**

5800 South Highland Drive Salt Lake City, UT 84121  
(801) 272-9980  
<http://www.youthvillage.org>

*Purpose/Description:* Residential and therapeutic group homes for adolescent boys and girls described as pre-delinquent, delinquent, or emotionally disturbed.

*Services:* Social, independent living, parent, and family reintegration skills training, individual, group, and family therapy, and a family preservation program.

*Fees:* Varies

*Area Served:* Statewide

### **Victim Information & Notification Everyday (VINE)**

1-800-816-0491  
<http://www.vinelink.com>

*Purpose/Description:* A free, anonymous, computer-based service that provides services to victims of crime.

*Services:* Inform/notify victims of offender status, changes in offender custody status, and court hearing dates.

*Fees:* None

*Area Served:* Statewide

### **Victim Witness Assistance Program (VWAP)**

Bldg 1278 Hill AFB, UT 84056  
(801) 777-6755

*Purpose/Description/Services:* Available to anyone who is a victim of a crime committed by an active duty member.

*Fees:* None

*Area Served:* Hill AFB

### **Volunteers of America, Utah (VOA)**

511 West 200 South Suite 160 Salt Lake City, UT 84101  
(801) 363-9414  
<http://www.voaut.org>

*Purpose/Description:* Serves people and communities in need, and creates opportunities for people to volunteer.

*Services:* Alcohol/Drug detoxification center, Center for women and children, Homeless outreach program, Retired/senior volunteer program, Treatment services, Homeless youth resources center, car donations, & Foster grandparent program.

*Fees:* Sliding Scale

*Area Served:* Statewide

### **Weber Human Services**

237 26th Street, Ogden, UT 84401  
(801)625-3700  
<http://weberhs.org>

*Purpose/Description:* To provide high quality, accessible, affordable human services to the residents of Weber and Morgan Counties

*Services:* Adult and youth mental health and substance abuse programs, Autism support, youth skills development. Senior services include meals on wheels, transportation, and legal assistance.

*Fees:* varies by service

*Area Served:* Weber and Morgan Counties

### **Women, Infants, and Children Program (WIC)**

288 North 1460 West Salt Lake City, UT 84116  
(801) 538-6960  
<http://www.health.utah.gov/wic/>

*Purpose/Description:* Helps pregnant women, new mothers, and young children eat well, learn about nutrition, and stay healthy.

*Services:* Nutrition education and counseling, nutritious foods, food vouchers, and help accessing health care are provided to low-income women, infants, and children.

*Fees:* None

*Area Served:* Davis County (801) 773-8834 Weber County (801) 399-7200

### **Young Women's Christian Association (YWCA)**

322E 300S Salt Lake City, UT 84111  
(801) 537-8600  
[www.ywca.org](http://www.ywca.org)

*Purpose/Description:* A 50-bed shelter provides crisis intervention, advocacy for women and children.

*Services:* 24-hour crisis hotline and shelter admission, basic needs such as three meals daily, a safe private family room, clothing, transportation, and personal care items, crisis intervention, documentation of injuries, safety plans, advocacy for children and families, support groups, information and referrals, and relocation assistance, on-site child care and public school classroom, therapeutic recreation groups, and discussion groups for children exposed to family violence.

*Fees:* None

*Area Served:* Salt Lake Area

### **Your Community Connection (YCC)**

2261 Adams Avenue Ogden UT 84401  
(801) 394-9456 Crisis Line: (801) 392-7273  
[www.yccogden.org](http://www.yccogden.org)

*Purpose/Description:* To provide services to support and enhance the quality of life for everyone.

*Services:* Homeless/housing assistance center, senior life care program, family enrichment center, victim advocate program, domestic violence shelter, after care program, parenting education, and counseling services.

*Fees:* None

*Area Served:* Statewide

### **Youth and Families with Promise (YFP)**

2705 Old Main Hill, Logan, UT 84222  
(435) 797-1543  
<http://extension.usu.edu/yfp/>

*Purpose/Description:* Provides mentors for youth (ages 10-14) and their families.

*Services:* Mentors provide motivation and tutoring and participate with them in structured recreation, community service, and youth groups. Youth, parents, and mentors participate in monthly group activities designed to strengthen family bonds through experiential learning

*Fees:* None

*Area Served:* Davis County

# INTEGRATED DELIVERY SYSTEM PROGRAMS

<b>Helping Program</b>	<b>Airman &amp; Family Readiness Center (A&amp;FRC)</b>	<b>Alcohol &amp; Drug Abuse Prevention &amp; Treatment (ADAPT)</b>	<b>Alternate Dispute Resolution (ADR)</b>	<b>Chaplain</b>	<b>Child &amp; Youth Services (YC, CDC, FCC)</b>	<b>Civilian Health Promotions Service (CHPS)</b>	<b>Employee Assistance Program (EAP)</b>	<b>Equal Opportunity Office</b>	<b>Family Advocacy Program (FAP)</b>	<b>Health &amp; Wellness Center (HAWC)</b>	<b>Medical Clinic</b>	<b>Mental Health Clinic (MHC)</b>	<b>Military Family Life Consultant</b>	<b>Occupational Medicine</b>	<b>Organization Consulting Office</b>	<b>Sexual Assault Response Coordinator (SARC)</b>	<b>Wellness Advocates</b>	<b>Family Support 360 Military</b>	<b>School Liaison</b>
Allergy Education						A				A	M								
Anger Management Classes							C		M	A									
Arthritis Education						A				A	M								
Asthma Education						A				A	M								
Back Care Education						A				A	M			C					
Blood Pressure Education / Screening						A				A	M			C					
Body Fat Analysis						A				A									
Cardiac Risk Appraisals						A				A	M								
Career Assistance	A																		
Child Care Assistance					M														
Childhood Obesity Reduction										A	M								
Cholesterol Education / Screening						C				A	M								
Colorectal Disease Education						A				A	M								
Confidential Sexual Assault Reporting / Assistance									M		M	M				A			
Counseling -- Family							C						A						
Counseling -- Individual							C					M	A						
Counseling -- Marriage				A			C		M			M	A						
Crisis Intervention	A			A			C					M	X	C			C		

**RESOURCES**

<b>Helping Program</b>	<b>Airman &amp; Family Readiness Center (A&amp;FRC)</b>	<b>Alcohol &amp; Drug Abuse Prevention &amp; Treatment (ADAPT)</b>	<b>Alternate Dispute Resolution (ADR)</b>	<b>Chaplain</b>	<b>Child and Youth Services</b>	<b>Civilian Health Promotions Service (CHPS)</b>	<b>Employee Assistance Program (EAP)</b>	<b>Equal Opportunity Office</b>	<b>Family Advocacy Program (FAP)</b>	<b>Health &amp; Wellness Center (HAWC)</b>	<b>Medical Clinic</b>	<b>Mental Health Clinic (MHC)</b>	<b>Military Family Life Consultant</b>	<b>Occupational Medicine</b>	<b>Organization Consulting Office</b>	<b>Sexual Assault Response Coordinator (SARC)</b>	<b>Wellness Advocates</b>	<b>Family Support 360 Military</b>	<b>School Liaison</b>
Deployment Assistance	A				M		C					M							
Diabetes Education						A				A	M								
Education and IEP Assistance																		M	M
Equal Opportunity Counseling / Complaint								A											
Executive Coaching														C	X				
Exercise & Aging Education						AC				A	M								
Exercise Counseling						A				A	M			C					
Family Maltreatment				A			C		M				A				C		
Financial Counseling	A						C												
Grief Counseling	A			A			C					M	A						
Headache Education						A				A	M								
Healthy Cooking Demonstrations										A									
Healthy Sleep						A				A	M								
Home Buying / Selling Seminars	A																		
Hypertension Education						A				A	M								
Marriage Enrichment Programs	A			A					A	A									
Marriage Preparation	A			A															
Nutrition Counseling						A				A	M								
Parenting Programs	A						C		A				A				C		
PCS / Relocation Assistance	A												A				C		
Referral Assistance	A						C							C		A	C		
Resume Writing	A																		
Running Clinic										A									
Skin Cancer Education						A				A	M			C					

## RESOURCES

<b>Helping Program</b>	<b>Airman &amp; Family Readiness Center (A&amp;FRC)</b>	<b>Alcohol &amp; Drug Abuse Prevention &amp; Treatment (ADAPT)</b>	<b>Alternate Dispute Resolution (ADR)</b>	<b>Chaplain</b>	<b>Child and Youth Services</b>	<b>Civilian Health Promotions Service (CHPS)</b>	<b>Employee Assistance Program (EAP)</b>	<b>Equal Opportunity Office</b>	<b>Family Advocacy Program (FAP)</b>	<b>Health &amp; Wellness Center (HAWC)</b>	<b>Medical Clinic</b>	<b>Mental Health Clinic (MHC)</b>	<b>Military Family Life Consultant</b>	<b>Occupational Medicine</b>	<b>Organization Consulting Office</b>	<b>Sexual Assault Response Coordinator (SARC)</b>	<b>Wellness Advocates</b>	<b>Family Support 360 Military</b>	<b>School Liaison</b>
Smoking Cessation										A	M			C					
Special Needs Family Member Support	A																		
Stress Management	A						C			A				C					
Substance Abuse Assistance		A					C							C			C		
Supervisor Consultation	A						C							C	C		C		
Transition Assistance	A																		
Weight Management						A				A	M								
Weight Training for Women										A									
Workplace Dispute Resolution			C											C	C				
Workplace Injury / Illness											M			C					
Workplace Team Building	A														C				
Women's / Men's Health						A				A	M								

A = All DoD employees and family members  
M = Active duty military and family members

C = DoD civilian employees and family members